

New England Center for OCD and Anxiety Quarterly Group & Training Announcement

Winter 2021

For Families: New Groups

NECOA Boston is pleased to offer the following new groups in 2021:

- -Supportive Parenting for Anxious Childhood Emotions (SPACE) Program for Parents of youngsters with OCD and Anxiety (enrolling now; begins January 13)
- -Acceptance and Commitment Therapy (ACT) Teen & Young Adult Support Group (enrolling now; begins January 4)
- -Exposure and Response Prevention (ERP) Young Adult OCD Support Group (enrolling now; start date TBD)
- -Program for the Education and Enrichment of Relational Skills (PEERS®) for adolescents and young adults (enrolling now; start date TBD)



For Clinicians: New Courses & Consult Groups

NECOA Boston is pleased to announce that we are Authorized CE Provider for BACB®, ACE Provider Number: OP-19-2966, and for the American Psychological Association CESA OAS (PENDING).

We are offering the following new course and groups in 2021:

- -DNA-V for Anxiety Foundations I (enrolling now; begins January 7), 6 CEs
- -Special Topics in OCD Treatment I (enrolling now; begins January 13), 6 CEs
- -ERP Foundations I (enrolling now; begins January 14) 6 CEs

Scholarships

The New England Center for OCD and Anxiety Boston values making evidence-based treatment available to everyone and in reducing health disparities through offering training opportunities for clinicians working in underserved communities (eg, communities experiencing marginalization, racism, discrimination, and/or communities experiencing **concentrated disadvantage** in the U.S. or internationally).

Thus, we are offering 2 scholarships for all of our courses to clinicians or students who work with individuals or families struggling with mental health in underserved populations. Applications from clinicians and students belonging to marginalized groups themselves will be prioritized. If you are interested in applying for one of these scholarships, please contact **info@newenglandocd.org** for an application, and put ERP FOUNDATIONS SCHOLARSHIP in the title line of your email.



Not knowing when dawn will come, I open every door. -Emily Dickinson

To our community of families, fellow providers, and friends -May you be safe, may you be healthy, may you know joy, may you know peace in the New Year.